



### **Children's Agreement**

I, \_\_\_\_\_, understand and agree to the following rules as long as I train at Laird's Academy of Martial Arts:

- 1) Martial arts should only be used for personal enrichment and in defense of yourself or others only. I will not use it on my friends or family.
- 2) I will not act like a bully and will never let anger turn into violence.
- 3) I will not give my parents a hard time when it is time to go to class. I understand commitment and will gladly go and be responsible for bringing my uniform and belt.
- 4) I will develop myself to the maximum of my potential in martial arts as well as in all other aspects of life.
- 5) I will represent Lairds Academy with my every action by setting an example in patience, self control, forgiveness, focus, and honesty. I will try my best no matter what the task, and will learn from my mistakes. I understand that martial arts and being a Black Belt is a way of life.

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Instructor Signature \_\_\_\_\_ Date \_\_\_\_\_

One Month Goal:

Three Month Goal:

Six Month Goal:

One Year Goal: